

## Payment Policy and Fee Schedule

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Thank you for reviewing our payment policy and fee schedule.

### Fee Schedule

**Initial consultations with new patients:** \$400 (includes preparatory review of records, creation of Timeline and Functional Medicine Matrix prior to initial appointment, two hour (up to three hours, as needed) initial appointment with history, physical, and collaborative plan).

**Follow-up visits and phone consultations:** *1 hour \$250 / 45 min \$200 / 30 min \$125.*

All other visit fees or extra time will be prorated at \$75/15-minute & \$50/10 minute increments. These rates are applicable to phone appointments, as well.

Patient requested medical record copies: \$25.00 for the first 20 pages and \$0.50 per page thereafter, plus postage. Patients are also responsible for making payment arrangements directly with laboratory and radiological service providers. We do not charge for any laboratory kits.

### Payments

Payment is required at the time of your visit, and may be made with cash, personal check or credit card (Visa, MasterCard and Discover are accepted, including FSA/HCRA credit/debit cards). We do not accept American Express. Patients are expected to keep their account paid in full in order to maintain ongoing treatment. Checks cannot be post-dated or held and returned checks will be subject to bank charges.

### Insurance Billing

Nurture LLC does not bill or accept 3<sup>rd</sup> party payments from insurance carriers, Medicare or Medicaid. We provide receipts that patients can submit to their insurance carriers for reimbursement. Typically, only office visits are eligible for coverage. Reimbursement will generally be available if your plan covers out-of-network provider services. HSA accounts can be used for qualifying items and services. Please check with your insurance carrier to confirm your covered benefits.

**Alison J Hoffmaster, PA-C has opted out of the Medicare program.** No claims for reimbursement may be submitted to Medicare for her services although Medicare will continue to pay for orders for ancillary covered services (i.e. prescriptions, lab tests, diagnostic studies, etc). If you are a Medicare beneficiary (or eligible), Medicare rules require that you execute a "Medicare Private Contract" in order to receive treatment.

### Cancellation Policy

We require two business days notice to cancel or reschedule an appointment to avoid a charge at the full rate of the missed office visit. Monday appointments should be cancelled by Wednesday. Missed appointment fees must be paid prior to receiving future services. Please note that insurance companies will not reimburse missed appointment fees.