Family Member	M	F	B	S	MGM	PGM	MGF	PGF	Aunt	Uncle	Other
Age (if living)											
Age at death											
Cancers											
Breast or Ovarian Cancer											
Heart Disease											
High Blood Pressure											
Obesity											
Diabetes											
Stroke											
Inflammatory Arthritis (RA, Psoriatic, AS)											
Multiple Sclerosis											
Autoimmune Disease (lupus…)											
Irritable Bowel Syndrome											
Celiac Disease											
Asthma											
Eczema / Psoriasis											
Food Allergies/ Sensitivities/ Intolerances											
Environmental Sensitivities											
Dementia											
Parkinson's											
ALS or Motor Neuron Disease											
Genetic Disorders											

Family Member	M	F	B	S	MGM	PGM	MGF	PGF	Aunt	Uncle	Other
Substance Abuse											
Psychiatric Disorders											
Depression											
Schizophrenia											
ADHD											
Autism											
Bipolar Disorder											